



1. CONVERSATION STARTER

Supplies:

- None

Leader Tip:

- The Conversation Starter is a great way to make everyone feel welcome and build community! Use it to set the tone for your group's time together.

Instructions:

- As the students arrive, welcome them and gather everyone in a group.
- Check in quickly to see how their week went.
- Ask: Whom or what do you always place your trust in? For example, do you trust an elevator to carry you to a different floor? Do you trust a bus driver to get you where you're going? What are some other examples from your own life?
- Depending on the size of your group, have the students share their responses with the people sitting closest to them or with everyone.
- Introduce this week's Big Idea: **Trust in the Lord with all your heart.**

2. INTRO ACTIVITY

Supplies:

- Four gift bags, each containing an object (e.g., bouncy ball, candy)

Instructions:

- Invite two students to come up to the front of the group.
- Give them both a gift bag. Make sure they don't reveal what's inside theirs to the other student.
- Ask one of them to turn around and close their eyes.
- Prompt the other student to pull the item out of their bag, silently show it to the rest of the group, then return it to the bag. Emphasize that it's important no one tells the first student what it is.
- Direct the student to open their eyes and turn back around.
- Explain that they need to ask questions to guess what's inside the bag. The other student will answer; however, they can choose to lie or tell the truth.
- Play until they guess what the item is or it's clear that they cannot.
- Ask whether they thought they could trust the other student to be honest.
- Play again with two other students.
- Afterward, discuss:
 - What made it easy or difficult to be the person guessing?
 - For those who had to do the describing, what made the task difficult or easy?
 - Do you think it would be different to play the game with a total stranger? What about if you played with someone you knew really well?
- Explain that it can be difficult to trust what someone says, especially when we don't have a relationship with them. But when we're closely connected, spotting the truth is much easier!



3. WEEKLY VIDEO

Supplies:

- Video file

Instructions:

- Play the video. It contains:
 - Host segment
 - God Story (Smooth Paths | Proverbs 3)
 - Life Story (Emily was born with Down's syndrome, but it's never stopped her. Her mom, Debbie, shares the amazing story of Emily's life.)



4. APPLICATION ACTIVITY

Supplies:

- Activity pages
- Pens
- (Optional) Instrumental music on media player

Instructions:

- Discuss:
 - What is this month's Key Verse? (James 1:5)
 - What was the God Story about in today's video?
 - What was the Life Story about?
 - We talked about wisdom last week. What is it?
 - What is trust?
 - Are wisdom and trust linked in any way?
 - Do you think it's easy or hard to **trust in the Lord with all your heart?**
- Give each student an activity page and a pen.
- If possible, guide everyone to spread out around your group's space.
- (Optional) Play some chill music without lyrics.
- Give the students several minutes to reflect on and respond to the questions on the page.

- Gather everyone back together.
- Invite anyone who would like to share their ideas to do so. Encourage them and affirm their experiences.

5. ADDITIONAL ACTIVITY

Supplies:

- Bibles
- Cardstock
- Stickers
- Decorative tape
- Scissors
- Markers
- Pens

Instructions:

- Make sure everyone has a Bible. Share them if needed.
- Guide the students to look up Proverbs 3:5-6.
- Read the verses together.
- Place the craft supplies where everyone can reach them easily.
- Invite the students to design their own signs with this passage written on them. Encourage everyone to be creative!
- Suggest that they put their sign in their room at home as a daily reminder.



6. DISMISSAL

Supplies:

- Take-home cards
- Key Verse cards

Instructions:

- Take a few moments to pray for the students if you have not already done so.
- Remind everyone about any upcoming events or relevant announcements.
- Make sure the students have their take-home materials.
- Ensure the adult teaching is over before dismissing the students.